

QE2 Activity Centre River Hamble Country Park Pylands Lane, Hedge End Hampshire SO31 1BH 02380 404844

Registered Charity No: 1165893

RISK ASSESSMENTS

Contents

Page

1	Contents
2 4	Target sports Archery Rifle shooting
	Land based activities
6	Climbing
9	Tree climbing
12	<u>Zipwire</u>
14	Ropes course & tunnels
16	Orienteering & offsite walks
	Water based activities
40	
18	Bushcraft
20	Motorboat
23	Canoeing
26	<u>Kayaking</u>
29	Improvised raft building

Activity: Archery (Indoor and Outdoor)

Assessment Completed by: Kerry Lees Competency: GNAS Archery Leader

Date Completed: 29/01/18

Reviewed: 01/22 Review Date: 01/23

Hazards Identified:

- · Slips and falls
- Arrows
- Bows
- Boss / Target
- Overshooting
- Seating / waiting area
- Barriers
- Net

- Staff
- Participants
- Other Centre users
- Visitors
- Members of the Public

What are the risks?	Safety Measures / Controls
Falling over	 Ensure area is suitable for the activity to take place. Safety briefing Care is taken when moving around the range.
Removing arrows from the quiver	Care to be taken not to get impaled by either the knock or pile.
Loosing arrow	 Care to be taken not to over draw, Instructor supervision. Ensure other participants are behind the waiting line whilst shooting is taking place. Nobody to be forward of the shooting line.
Arrow retrieval	 Care is taken when moving around the range. Participants instructed to approach the target and remove arrows from the side. Appropriate method of arrow retrieval is used. Participants are instructed to carry arrows appropriately. When shooting outside arrows may be sticking out of the ground, care to be taken when collecting arrows.

Returning arrows to the quiver	 Care to be taken when placing arrows into the quiver. Instructor to supervise.
Unattended equipment.	Equipment to be stored appropriately when not in use.
Equipment failure	 Logged monthly equipment inspection. Equipment and range checked prior to use by the instructor. Defective equipment removed from service and reported to Senior Instructor at the end of the session.
Injury from bow string	 Arm bracers to be worn by all participants (due to the nature of our clients, this may be at the discretion of the instructor, risk to be explained to accompanying carer/parent) Proper technique taught.
Boss toppling	 Correct arrow removal technique to be used. Instructor to check the range at the beginning of the session. Instructor supervision.
Arrow rebounds	 Instructor to be aware that this can happen. Minimum shooting distance to be observed. Instructor supervision Ensure net hangs loose not taught.
Injuries or fatalities due to overshooting	 Ensure nets are fully extended. Instructor to be extra vigilant with regards to people on the outside perimeter of the range.
Chairs falling over	Chairs not to be stacked more than 6 high.
Chair collapsing	Chairs to be in a suitable condition.
Entrapment in the net	Care to be taken when moving around the range.
Tripping over the	 Care to be taken when moving around the range.
rope barrier.	Group to be made aware not to play with them.

Activity: Rifle Shooting

Assessment Completed by: Kerry Lees Competency: NSRA YPS Tutor Diploma

Date Completed: 02/02/18

Reviewed: 01/22 Review Date:01/23

Hazards Identified:

- Unauthorised access
- Slips and trips
- Equipment
- Lead
- Ricochet
- Noise

- Staff
- Participants
- Other Centre users
- Visitors
- Members of the Public

What are the risks?	Safety Measures / Controls
Slipping or	Safety briefing
tripping on spent pellets	Floor swept following the session to collect any spent pellets.
Unauthorised	Rifles not left unattended.
access	Rifles locked in a secure gun cabinet when not in use.
Being shot	Instructor to manage group
	 Maximum 2 shooting at a time from designated shooting line.
	NSRA Qualified instructors.
	Rifle not left unattended.
	 Pellets / magazine removed from the rifle when changing targets.
	Side curtain to be in position
Injury to eyes from laser sight	Rifle to be pointing down the range at all times, Laser to be turned off when moving the rifle.
	•
Noise from the	 Demo shot fired where appropriate.
rifle	Ear defenders available for participants susceptible to noise.
	Rifles are fitted with a silencer to reduce noise.

Injury from pellet ricochet	Minimum 6 metre shooting distance.Solid carpeted backstop
	No obstructions on the range.
Lead poisoning	 Instructor to inform participants about the importance of washing hands after the session.
Eye injuries	 Goggles are to be worn by everyone forward of the safety barrier.
	 Spare goggles to be available should people want to wear them in the safety area
	 Under normal circumstances all participants must wear eye protection, where there is a compelling reason for a participant to shoot without eye protection the instructor may use discretion and allow shooting to take place. The permission of the participant and or responsible person is to be obtained. It should be stressed that only in exceptional circumstances will this be allowed.
Medical issues	 Carers present at all times. Instructor close by and in control of the session.
Equipment Failure	 Logged safety checks performed monthly. Instructor visually checks equipment during the session. Spare rifle available to limit disruption to session.
Shooting passer by	 Hall front doors to be locked Instructor vigilance Shooting to stop immediately if anybody enters the roped off area. Side curtain to be inposition
Injury from filling rifle	 Instructions displayed adjacent to Gun Cabinet. Instructor trained by Senior Instructor. Instructor to take care. Only qualified person to fill rifles.

Activity: Climbing and Abseiling

Assessment Completed by: Kerry Lees Competency: MT Single Pitch Award

Date Completed: 01/02/18

Reviewed: 01/22 Review Date: 01/23

Hazards Identified:

- Slips, Trips & Falls
- Seating area
- Unauthorised use
- Vandalism
- Equipment
- Human error
- Items falling from height
- Rope burns
- Manual handling

- Staff
- Participants
- Other Centre users
- Visitors

What are the risks?	Safety Measures / Controls
Slipping or tipping on floor.	 Area to be checked during set up for any tip or slip hazards Climbing associated equipment to be kept tidy before, during and after the session. Ground anchors painted orange to make them easily visible.
Chairs falling over	Chairs not to be stacked more than 6 high.
Chair collapsing Injury resulting	 Chairs to be in a suitable condition. 'No Climbing' signs hung on walls when not in use.
from unauthorised use.	 Outside groups are instructed not to use activity equipment when they are using the hall out of normal hours. Activity equipment is taken down and stored at the end of each day. Instructor to check equipment at the start of each session. Instructor to be vigilant during the session to stop anyone from climbing etc without permission.

Injury due to	Instructor to visually check over the walls and general area
vandalism	when setting up. Any problems to be reported to Senior Instructor
Equipment failure	 Cables and Anchors inspected by a qualified inspector annually. Monthly logged safety inspection of all climbing equipment
	 carried out. Instructor visually checks the equipment and area prior to the activity taking place.
	 Appropriate equipment used in accordance with manufacturers guidelines.
Injury due to incorrect use of equipment.	Instructors hold a minimum of CWI and receive in house induction, training and assessment by Senior Instructor prior to running climbing activities.
	 Equipment set up information and pictures displayed in the climbing store.
Injury resulting from tampering with equipment.	 Safety brief. Instructor checks all participants prior to them leaving the ground.
Injury due to human error.	 Instructors hold a minimum of CWI and receive in house induction, training and assessment by Senior Instructor prior to running climbing activities.
	 Equipment set up information and pictures displayed in the climbing store. Instructor checks all participants prior to them leaving the
	ground.
Injury due to a fall from height.	 Participants only allowed to leave the ground once attached to the safety rope with appropriate belaying in place. Should a member of staff need to leave the ground, they must ensure they do so in a safe manner. If bouldering this must be at a low level with spotters in place
	for those participating. • When accessing the wall to carry out maintenance QE2 staff must follow the Centre Working at Height policy.
Injury from equipment dropping from height	 Helmets are provided and are worn at the discretion of the instructor. Participants under the age of 18 or from a Hampshire county council school must wear a helmet. If the instructor is working at the top of the wall all equipment
	must be clipped securely either their harness or an anchor point and area below kept clear.

	When dropping ropes, the instructor must look before dropping to ensure no one is in the area.
Rope burns	 Instructor to assist with lowering participants. Instructor to increase friction on belay device should they require it.
Manual handling injury caused by hoisting participants.	 Instructor to use their own judgement on allowing heavier persons to take part. Instructor to use correct technique for hoisting. Instructor to ask for assistance if required.
Impact with another participant or the wall whilst swinging	 Safety briefing. Visiting staff instructed to keep the area clear and prevent people walking into the participant on the swing. Instructor to ensure the participant cannot come into contact with the wall when hoisting.

Activity: Tree Climbing

Assessment Completed by: Kerry Lees

Competency: NPTC CS38 Tree Climbing and Aerial Rescue

Date Completed: 01/02/18

Reviewed: 01/22 Review Date: 01/23

Hazards Identified:

- Slips, Trips & Falls
- Unauthorised use
- Vandalism
- Equipment
- Items falling from height
- Rope burns
- Adverse weather
- People entering the climbing area
- Manual handling

- Staff
- Participants
- Other Centre users
- Visitors
- Members of the Public

What are the risks? Falling over	 Safety Measures / Controls All participants to be made aware they are in a natural environment Safety briefing Area around the tree to be managed
Unauthorised use leading to falls	 All equipment to be removed at the end of session and only tracer cords to be left All PPE to be stored away
Tree Damage	 Tree visually checked by the instructor prior to setting up Deadwood removed if required Tree to be inspected by LANTRA Professional Tree Inspector within three years of previous report (Due June 2020) Tree to be inspected following any adverse weather.
Equipment failure	Monthly logged safety inspection of all climbing equipment carried out.

Injury due to human error.	 Instructor visually checks the equipment and area prior to the activity taking place. Appropriate equipment used in accordance with manufacturers guidelines. Any defects found, equipment to be removed from service. Instructors hold a minimum of CS38 and receive in house induction, training and assessment by Senior Instructor prior to running tree climbing activities. Equipment set up in accordance with safety policy. Instructor checks all participants prior to them leaving the ground.
Injury due to a fall from height.	 Should a member of staff need to leave the ground, they must ensure they do so in a safe manner. When accessing the tree to carry out maintenance or setting up QE2 staff must follow the Centre Working at Height policy. Climbers only to climb once instructor is satisfied that the participant is competent to do so.
Injury from equipment dropping from height	 Helmets are to be worn by all participants and staff within the area under the canopy. Safety briefing If the instructor is working at the top of the tree all equipment must be clipped securely either their harness or an anchor point and area below kept clear. When dropping ropes, the instructor must look before dropping to ensure no one is in the area.
Rope burns	 Instructor to assist with lowering participants. Instructor to increase friction on climbing rope should they require it.
Manual handling injury caused by hoisting participants.	 Instructor to use their own judgement on allowing heavier persons to take part. Instructor to use correct technique for hoisting. Instructor to ask for assistance if required.
Impact with another participant or the tree whilst swinging	 Safety briefing. Visiting staff instructed to keep the area clear and prevent people walking into the participant. Instructor to make participant aware of using their feet against the tree to prevent injury. Climbers ropes to be spaced to allow enough personal space for each climber.
Public entering the area.	Instructor vigilance.

	Climbing area cordoned off to prevent unauthorised entry.
Stuck climber	 Climber instructed in descent procedure from the ground. Instructor to perform aerial rescue if required.
Adverse weather	 Tree climbing to stop in the event of high winds or heavy rain.

Activity: Zip Wire

Assessment Completed by: Kerry Lees

Competency: Senior Instructor Date Completed: 30/01/18 Reviewed Date: 01/22 Review Date:01/23

Hazards Identified:

- Manual handling
- Equipment
- Activity Area
- Pre existing medical conditions

- Staff
- Participants
- Other Centre users
- Visitors

What are the risks?	Safety Measures / Controls
Falling over	 Safety briefing Group to be made aware of risk of tripping on uneven ground. Care to be taken. Group to be made aware that the path to the bottom of the zipwire can be slippery when wet. Care to be taken on the steps up to the top platform.
Injury to participants or staff from hoisting, retrieving or lowering due to heavy participant	 Instructor to use their own judgement on allowing heavier persons to take part. Instructor to use correct technique for hoisting. Instructor to ask for assistance if required.
Injury occurring due to the retriever being struck by the rider.	 Participants instructed not to retrieve the rider until they have stopped. Instructor vigilance.
Injury from rider hitting trees, shrubs etc.	Trees and shrubs kept pruned to prevent contact with the rider.
Head injury	Helmet to be worn by all rider

Rope burns	 Under normal circumstances all participants must wear a helmet, where there is a compelling reason for a participant to ride without a helmet the instructor may use discretion and allow them to participate. In this situation the participant must be walked down. It should be stressed that only in exceptional circumstances will this be allowed. Area beneath the top structure to be kept clear whilst the instructor is setting up. Instructor to use correct hoisting and lowering technique.
Nope buills	Gloves available if required.
Slipping on ladder	 Instructor to take care when ascending and descending the ladder. Ladder inspected as part of monthly safety checks. Instructor trained and assessed on correct techniques which includes accessing the cable. Board positioned over ladder to prevent unauthorised access.
Equipment failure	 Structure, Cable and Anchors inspected by a qualified inspector annually. Monthly logged safety inspection of all zipwire equipment carried out. Instructor visually checks the equipment and area prior to the activity taking place. Appropriate equipment used.
Injury from walking into zipwire.	 Yellow sleeve on the cable to head height. Assistance moving around the area provided if appropriate.
Further injuries	 Medical consent forms provided by groups prior to activity taking place. Instructor to liase with care staff regarding specific medical conditions that may present an issue such as participants with shunts or spinal rods. Rider can be tailed down to avoid any sudden impact that may occur.
Unauthorised use.	 Zip wire equipment set up prior to the session, harnesses not left unattended. Zip wire equipment taken down and put away at the end of the day.
Vandalism	Instructor visually checks the equipment and area prior to the activity taking place

Activity: Low Ropes Course

Assessment Completed by: Kerry Lees

Competency: Senior Instructor Date Completed: 01/02/18

Reviewed: 01/22 Review Date:01/23

Hazards Identified:

- Slippery surfaces
- Uneven ground
- Elements
- Equipment
- Trees
- Nettles

- Staff
- Participants
- Other Centre users
- Visitors
- Members of the Public

	,
What are the risks?	Safety Measures / Controls
Falling / slipping over	 Participants are warned when surface are slippery due to weather conditions. Ropes course is wood chipped regularly to improve ground conditions. Helmets are worn by participants and staff to prevent head injury from falling over. The Activity involves stepping over obstacles which may create uneven surfaces, this is part of the activity. Participants are made aware of any particular areas that may pose a mobility problem.
Element Equipment failure Getting stuck in a tunnel.	 Logged monthly inspection carried out. Damaged elements removed or repaired as necessary. Pre session check carried out by Instructor, any issues reported to Senior Instructor. Short tunnel lengths with regular access / egress points. Participants have the opportunity to try a tunnel above ground.
	Participants have the option to take part if they wish.

Drowning in a tunnel	 Tunnel system checked by Instructor prior to session. Instructor to use their own judgment on allowing participants into flooded tunnels and chambers.
Weils Disease	 Participants instructed to wash hands and change clothing after the session.
Injury from falling branches	 Logged monthly check of site including trees. Area checked after adverse weather. Pre session check carried out by Instructor, any issues reported to Senior Instructor.
Stings	 Care to be taken when moving around the area. Area kept clear of nettles. In case of allergic reaction to stings, instructor to seek medical assistance as appropriate. Pre session check carried out by Instructor, any issues reported to Senior Instructor
Tick bite	 Group to be made aware of ticks. Poster displayed and further information available in the Staff Room.

Activity: Orienteering and off site walks

Assessment Completed by: Kerry Lees

Competency:

Date Completed: 02/02/18

Reviewed: 01/22 Review Date:01/23

Hazards Identified:

- Forest
- Water- Sea, River, Stream, Ponds
- Other park users including dogs
- Road
- Train
- Transport
- Play park
- Café's and gift shops
- Car park
- Wildlife

- Staff
- Participants
- Other Centre users
- Visitors
- Members of the Public

What are the risks?	Safety Measures / Controls
Getting lost	 Participants are accompanied by a member of QE2 Staff with knowledge of the area, safe routes etc. Where participant groups are able to orienteer independently, the instructor will brief the group and pre-arrange points to meet up with the group at certain times.
Slipping or tripping on uneven paths.	 Safety briefing at the beginning of the session. Instructor to point out particularly uneven or slippery ground. Suitable footwear to be worn by all participants, Wellington boots available.
Falling branches	 Trees along designated footpaths are maintained and checked by HCC. Instructor to be aware of the hazard particularly following bad weather. When walking off the designated footpaths participants to be made aware of the hazards.

Falling into water, drowning Dog unsettling or	 Orienteering routes avoid close proximity to water. Safety briefing for unaccompanied groups. Instructor with accompanied groups. Group management at areas of open / exposed water. Some participants may be scared or overly friendly with dogs.
attacking Staff or Participants	 This should be managed by accompanying staff. If a dog is felt to be threatening, Instructor to request the owner return their dog to the lead or take them away.
Being run over while crossing the road or miniature railway line, car parks etc.	 Instructor to stop traffic to allow participants to cross safely. When unaccompanied, visiting staff will assume this role. Wait for train to pass. Wave to driver. Group management.
Requiring medical assistance whilst away from the Centre	 Instructor to have a good knowledge of the area. When in RHCP Instructor to liase with centre to accurately tell staff at the Centre their location to enable emergency services to reach them. When away from RHCP Instructor to notify emergency services directly. Instructor to confirm with group that any required medication is taken to prevent possible problems.
Conflict with public transport users	 Group management when using public transport. Instructor vigilance. Instructor to know how many people are in the group including staff.
Missing return / delayed transport	Instructor to notify Centre.Consider alternative.Wait
Conflict with other users (play park, cafes, gift shop etc) Wildlife attack	 Instructor vigilance Route selection to avoid where possible. Group management. Instructor vigilance.
	Group management

Activity: Bushcraft

Assessment Completed by: Kerry Lees

Competency: Forest School Level 2 Trained / Sunrise Bushcraft – Train the Trainer

Date Completed: 30/01/18 Review Date: 01/19 - Revised

Review Date: 01/23

Hazards Identified:

- Trees
- Fire
- Boiling water
- Tools
- Wild food
- Food allergies
- Nettles
- Ticks

- Staff
- Participants
- Other Centre users
- Visitors
- Members of the Public

What are the risks?	Safety Measures / Controls
Fall over	 Safety briefing Group to be made aware of risk of tripping on the forest floor. Care to be taken Group to be advised if the ground is slippery due to weather conditions.
Head injury from falling branches etc	 Instructor to do a pre session visual assessment of the area to be used. Participants to be instructed in safe carrying technique ie not carrying timber above shoulder height. Shelters to be checked by the instructor before anybody is allowed to enter. Instructor vigilance. Instructor to make people aware of trees falling when felling is taking place.
Cuts and grazes	 Gloves available where appropriate. First aid equipment available and instructors first aid trained. Care to be taken when moving around the forest. Instructor to ensure the area is appropriate for the group.

Burns and	Fire to be contained in the designated fire pit area.
scolds	 Instructor to be aware of participants moving around the area.
000100	
	Safety briefing on how to light and feed the fire.
	Fire to be kept to a manageable size.
	First aid equipment including burns pack available and
	instructors first aid trained.
	 Heat resistant gloves provided for handling hot equipment.
	Fire not left unattended.
	Only Instructor or competent person to remove pans, kettles
	etc from fire.
	Instructor to ensure pans etc are stable when placed on the
	fire.
	Ensure 'Kellies Kettle' is on flat ground to avoid toppling over
	and cork bung removed.
	and don't bung formovou.
Injury from sharp	Safety briefing.
equipment.	Gloves available where appropriate.
	Equipment used should be appropriate for the groups ability.
	 Instructor to demonstrate correct tool use.
	Instructor vigilance.
	All tools to be kept in secure location when not in use. Table to a value to a local and to a interior at
	Tools regularly checked and maintained.
	Ensure participants working area is clear of others.
Food poisoning	Instructor to be aware of edible wild foods.
	Instructor to seek medical assistance if required.
	 Instructor to ask participants about any food allergies.
	Instructor to ensure food is cooked to a suitable standard.
	instructor to crisure rood is cooked to a suitable standard.
Stings	Care to be taken when moving around the forest.
	 Instructor to find an alternative route if required.
	In case of allergic reaction to stings, instructor to seek
	medical assistance as appropriate.
Tick bite	Group to be made aware of ticks.
	Poster displayed and further information available in the Staff
	Room.
Methylated	Trangias used under instructor supervision in accordance
Spirits	with the safety policy.
	Not to be used as an accelerant.
	• Not to be used as an accelerant.

Activity: Motor boat – Pontoon or Wheely boat

Assessment Completed by: Kerry Lees Competency: RYA Powerboat Level 2

Date Completed: 29/01/18

Review Date: 01/19, 01/20, 01/21,01/22,01/23

Hazards Identified:

• Track to the river (pedestrians, animals etc)

Pontoon

Boat

Water

Weather

• Other water users

Who may be affected?

Staff

- Participants
- Other Centre users
- Visitors
- Members of the Public

What are the risks? Falling over	 Safety Measures / Controls Safety briefing Group to be made aware of risk of tripping on the forest floor. Care to be taken. Group to be advised if the pontoon is slippery due to weather conditions.
Collision with members of the public whilst driving to the river.	Drivers instructed to drive slowly and carefully and to give priority to other park users.
Collision with a	Drivers instructed to drive slowly and carefully.
tree.	Instructor to offer assistance when reversing if required.
Other users of	Safety briefing.
the pontoon.	 Group to be made aware of risk of tripping on the pontoon due to other users.
	Instructor to ask other users of the pontoon to allow a clear route for the group particularly during busier periods.
Falling from the	Buoyancy aids or Life jackets to be correctly fitted and
pontoon.	adjusted before walking on the pontoon.

	• Instructor to offer assistance to those that require it
	 Instructor to offer assistance to those that require it. Instructor to walk on the water side of the pontoon to allow the participants the support of the railing if required. Instructor to assist carers with wheelchair users as required.
Falling between	Boat tied securely.
the boat and	 Instructor to assist with embarkation where necessary.
pontoon.	Instructor to remove fenders if required to reduce the gap.
Falling between	Ensure ramp is correctly fitted and secure.
the boat and	 Instructor to assist if required.
pontoon. (wheelchair user)	Care to be taken when pontoon and ramp are slippery.
Falling overboard	Participants to remain seated.
	 Care to be taken when moving around the boat.
	 Instructor to be vigilant.
	 Instructor to be able to stop the engine should someone enter the water.
	 Instructor to be able to recover a casualty from the water if required.
Drowning	Buoyancy Aids or life jackets provided and to be worn by all participants and staff.
	Wheelchair users who are unable to wear a buoyancy aid /
	lifejacket whilst in their wheelchair will have a life jacket with
	them and someone who, in the event of an emergency, can unbuckle them to enable the instructor to fit the lifejacket.
Boat swamping	Pontoon boat is self-draining.
	 Instructor to be aware of changeable conditions.
	Wheelyboat is fitted with a manual and electric bilge pumps
	to remove excess water.
	 Wheelyboat bow door to be secured prior to departure.
Hypothermia /	Instructor to be aware of the prevailing weather conditions
heat stroke, sun burn etc	and advise participants to be dressed accordingly.
Collision	Instructor to be vigilant.
	 Instructor to be in a position to resume control of the boat at
	all time.
	Instructor to be familiar with the rules of the river.
	•
	•
Other water craft	•
Julio Water Grant	 Instructor to be vigilant.

	Instructor to be aware of other water users particularly those in small craft and swimmers
Medical issue whilst afloat.	 Care staff remain responsible for medical issues of their clients. Instructor to have knowledge of where they can stop on the river to allow easy access for emergency services.

Activity: Canoeing

Assessment Completed by: Kerry Lees

Competency: BCU Level 3 Date Completed: 30/01/18

Reviewed 01/22

Next review date: 01/23

Hazards Identified:

- Track to the river (pedestrians, animals etc)
- Pontoon
- Canoes
- Water
- Weather
- Other water users

- Staff
- Participants
- Other Centre users
- Visitors
- Members of the Public

What are the risks?	Safety Measures / Controls
Falling over	 Safety briefing Group to be made aware of risk of tripping on the forest floor. Care to be taken. Group to be advised if the pontoon is slippery due to weather conditions.
Collision with members of the public whilst driving to the river.	Drivers instructed to drive slowly and carefully and to give priority to other park users.
Collision with a tree.	 Drivers instructed to drive slowly and carefully. Instructor to offer assistance when reversing if required.
Injury from moving canoes etc	 Instructor to brief the group on correct lifting and carrying technique. Canoe trolley available Minimum of 2 persons carrying canoes.
Other users of the pontoon.	Safety briefing.Group to be made aware of risk of tripping on the pontoon due to other users.

	Instructor to ask other users of the pontoon to allow a clear route for the group particularly during busier periods.
Falling from the pontoon.	 Buoyancy aids to be correctly fitted and adjusted before walking on the pontoon. Instructor to offer assistance to those that require it. Instructor to walk on the water side of the pontoon to allow the participants the support of the railing if required. Instructor to assist carers with wheelchair users as required.
Falling between the canoe and pontoon. Head injury	 Canoe tied securely. Instructor to assist with embarkation where necessary. Safety briefing Instructor vigilance.
Capsize	 Rafted canoes are used for less able participants. Single canoes used in accordance with the safety policy. Instructor to be aware of the prevailing weather conditions and select appropriate craft. If 'Aquabac' is being used, instructor to brief care staff on how to release participant in the event of a capsize and ensure the release straps are free and easily accessible.
Falling overboard	 Care to be taken if moving around the canoe. Instructor to be vigilant. Instructor to be able to recover a casualty from the water if required.
Drowning	Buoyancy Aids provided and to be worn by all participants and staff.
Boat swamping Unable to return	 Instructor to be aware of changeable conditions. Canoes float when full of water. Instructor to be able to carry out a rescue from whatever craft if required. Instructor to be aware of the prevailing weather conditions
to pontoon.	 Instructor to be aware of the prevailing weather conditions and tidal flow. Instructor to work within the safety policy.
Hypothermia / heat stroke, sun burn etc	Instructor to be aware of the prevailing weather conditions and advise participants to be dressed accordingly.
Collision	 Instructor to be vigilant. Instructor to be in a position to resume control of the canoe at all time. Instructor to be familiar with the rules of the river.

Other water craft	 Instructor to be vigilant. Instructor to be aware of other water users particularly those in small craft and swimmers
Medical issue whilst afloat.	 Care staff remain responsible for medical issues of their clients. Instructor to have knowledge of where they can stop on the river to allow easy access for emergency services.

Activity: Kayak

Assessment Completed by: Kerry Lees

Competency: BCU Level 3 Date Completed: 30/01/18

Reviewed: 01/22 Review Date: 01/23

Hazards Identified:

• Track to the river (pedestrians, animals etc)

- Pontoon
- Kayak
- Water
- Weather
- Other water users

- Staff
- Participants
- Other Centre users
- Visitors
- Members of the Public

What are the risks?	Safety Measures / Controls
Falling over	 Safety briefing Group to be made aware of risk of tripping on the forest floor. Care to be taken. Group to be advised if the pontoon is slippery due to weather conditions.
Collision with members of the public whilst driving to the river.	Drivers instructed to drive slowly and carefully and to give priority to other park users.
Collision with a tree.	 Drivers instructed to drive slowly and carefully. Instructor to offer assistance when reversing if required.
Injury from moving kayaks etc	 Instructor to brief the group on correct lifting and carrying technique. Canoe trolley available Minimum of 2 persons carrying double kayaks, 1 person may carry single kayaks

Other users of the pontoon.	 Safety briefing. Group to be made aware of risk of tripping on the pontoon due to other users. Instructor to ask other users of the pontoon to allow a clear route for the group particularly during busier periods.
Falling from the pontoon.	 Buoyancy aids to be correctly fitted and adjusted before walking on the pontoon. Instructor to offer assistance to those that require it. Instructor to walk on the water side of the pontoon to allow the participants the support of the railing if required. Instructor to assist carers with wheelchair users as required.
Falling between the kayak and pontoon.	Instructor to assist with embarkation where necessary.
Head injury	 Safety briefing Instructor vigilance. Care to be taken when in close vercinity of other kayaks
Capsize	 Kayaks used in accordance with the safety policy. Instructor to be aware of the prevailing weather conditions and select appropriate craft. If 'Aquabac' is being used, instructor to brief care staff on how to release participant in the event of a capsize and ensure the release straps are free and easily accessible.
Falling overboard	 Care to be taken if moving on the kayak. Instructor to be vigilant. Instructor to be able to recover a casualty from the water if required.
Drowning	 Buoyancy Aids provided and to be worn by all participants and staff.
Unable to return to pontoon.	 Instructor to be aware of the prevailing weather conditions and tidal flow. Instructor to work within the safety policy.

Hypothermia / heat stroke, sun burn etc	 Instructor to be aware of the prevailing weather conditions and advise participants to be dressed accordingly.
Collision	 Instructor to be vigilant. Instructor to be familiar with the rules of the river.
Other water craft	 Instructor to be vigilant. Instructor to be aware of other water users particularly those in small craft and swimmers
Medical issue whilst afloat.	 Care staff remain responsible for medical issues of their clients. Instructor to have knowledge of where they can stop on the river to allow easy access for emergency services.

Activity: Improvised Raft Build

Assessment Completed by: Kerry Lees

Competency: BCU Level 3 Date Completed: 30/01/18

Reviewed: 01/22

Next Review Date: 01/23

Hazards Identified:

- Track to the river (pedestrians, animals etc)
- Pontoon
- Raft Equipment
- Water
- Weather
- Other water users

- Staff
- Participants
- Other Centre users
- Visitors
- Members of the Public

What are the risks?	Safety Measures / Controls
Falling over	 Safety briefing Group to be made aware of risk of tripping on the forest floor. Care to be taken. Group to be advised if the pontoon is slippery due to weather conditions.
Collision with members of the public whilst driving to the river.	Drivers instructed to drive slowly and carefully and to give priority to other park users.
Collision with a tree.	 Drivers instructed to drive slowly and carefully. Instructor to offer assistance when reversing if required.
Injury from moving rafting equipment etc	 Instructor to brief the group on correct lifting and carrying technique. Barrels to be rolled.
Other users of the pontoon.	 Safety briefing. Group to be made aware of risk of tripping on the pontoon due to other users.

	 Instructor to ask other users of the pontoon to allow a clear route for the group particularly during busier periods.
Falling from the pontoon.	 Buoyancy aids to be correctly fitted and adjusted before walking on the pontoon. Instructor to offer assistance to those that require it. Instructor to walk on the water side of the pontoon to allow the participants the support of the railing if required. Instructor to assist carers with wheelchair users as required.
Falling between the raft and pontoon.	Raft tied / held securely.Instructor to assist with embarkation where necessary.
Head injury	 Safety briefing Instructor vigilance. Helmets to be worn by participants on the raft.
Capsize	 Safety briefing Instructor to inspect the raft for any possible entrapment hazards. Instructor to be aware of the prevailing weather conditions. Instructor to be on the water in a canoe / kayak to recover swimmers.
Falling overboard	 Care to be taken on the raft Instructor to be vigilant. Instructor to be able to recover a casualty from the water if required.
Drowning	Buoyancy Aids provided and to be worn by all participants and staff.
Unable to return to pontoon.	 Instructor to be aware of the prevailing weather conditions and tidal flow. Instructor to work within the safety policy. Raft could be tethered on a long line if deemed appropriate for the group.

Hypothermia / heat stroke, sun burn etc	 Instructor to be aware of the prevailing weather conditions and advise participants to be dressed accordingly.
Collision	 Instructor to be vigilant. Instructor to be familiar with the rules of the river.
Other water craft	 Instructor to be vigilant. Instructor to be aware of other water users particularly those in small craft and swimmers
Medical issue whilst afloat.	 Care staff remain responsible for medical issues of their clients. Instructor to have knowledge of where they can stop on the river to allow easy access for emergency services.