

# Contents

2	<a href="#"><u>Health &amp; Safety – general statement of policy</u></a>
3	<a href="#"><u>General Health &amp; Safety matters</u></a>
4	<i>continued</i>
5	<a href="#"><u>Safe working practices</u></a>
6	<a href="#"><u>Work environment</u></a>
7	<a href="#"><u>General health issues</u></a>
8	<a href="#"><u>Hazardous substances</u></a>
9	<a href="#"><u>Safety Policy – COSHH</u></a>
10	<i>-continued-</i>
11	<a href="#"><u>Safety policy – Display screen equipment</u></a>
12	<a href="#"><u>Safety policy – First Aid</u></a>
13	<i>-continued-</i>
14	<a href="#"><u>Safety policy – General health issues</u></a>
15	<a href="#"><u>Safety policy – Legionnaires disease</u></a>
16	<a href="#"><u>Safety policy – Manual handling</u></a>
17	<a href="#"><u>Safety policy – New and expectant mothers</u></a>
18	<a href="#"><u>Safety policy – Portable appliance testing</u></a>
19	<a href="#"><u>Safety policy – Use of tools (staff)</u></a>
20	<a href="#"><u>Safety policy – Use of tools (service users)</u></a>
21	<a href="#"><u>Safety policy – Working at Height</u></a>

# **Health & Safety - general statement of policy**

QE2 Activity Centre's policy is to provide and maintain safe and healthy working conditions, equipment and systems of working for all our employees and to provide such information, training and supervision needed for the purpose. QE2 Activity Centre also accepts responsibility for the health and safety of other people who might be affected by our activities.

These policies have been drawn up in line with current UK Health and Safety Legislation to help prevent Staff, Visitors and Contractors from being harmed whilst engaged in activities at the Centre.

*Wayne Irish – Chair of the Management Committee*

*Marie Poore – Centre Manager*

*Kerry Lees – Activity/Operations Manager*

*Tracy Puttock – Day Service Co-Ordinator*

## **Management of Health and Safety**

QE2 Activity Centre recognises its responsibility to ensure, as far as is reasonably practicable, the health, safety and welfare of its employees; by providing and maintaining healthy working conditions, safe equipment and systems of working for all employees and to provide such information, instruction, training and supervision needed for the purpose.

The Centre also accepts responsibility for the health and safety of other people who might be affected by its activities.

*Management Committee and manager*

Employees recognise their responsibility to take reasonable care of their own health and safety and that of others who might be affected by their actions.

*All staff*

# General Health and Safety Matters

General Health & Safety Policies and Risk Assessments will be drawn up by the Senior Management Team in consultation with other staff. This will be reviewed on an annual basis. All staff have a right & responsibility to contribute to this process.

*Management Committee and manager*

Manager to report to Management Committee which has the responsibility to ensure that appropriate Health & Safety Policies and Risk Assessments are in place. This should be an agenda item at each AGM.

*Management Committee and manager*

# Activity Health and Safety Matters

Activity specific Health & Safety Policies and Risk Assessments will be drawn up by Manager and Senior Instructor, in consultation with other instructional staff.

*M, AM*

All activity staff have a responsibility to ensure that activities are run in line with national governing body guidelines and QE2 Activity Centre policies.

*All staff*

# Day Service Health and Safety Matters

Day Service specific health and safety policies and risk assessments will be drawn up by the Day Service Manager and Manager.

*M, DSM*

All day service staff have a responsibility to ensure that activities are run in line with QE2 Activity Centre policies.

*All staff*

## Training and Information

Development of specific health and safety training for all employees, including, but not limited to, manual handling, first aid, fire safety, activity development, disability issues

*M, AM, DSM*

### **Recording and reporting incidents**

RIDDOR, Accident Book, Incident book for minor incidents and near misses.  
Reviewed quarterly.

*M*

### **Personal Protective Equipment**

Activity specific, general. Will be maintained in good state of repair

*AM*

### **Working Time**

35 hour working week, Lieu days for weekend work

*M*

### **Safe Systems of Work**

Activity safety policies, day service policies, general health and safety policies

*M, AM, DSM*

### **Health Surveillance**

If a member of staff suffers from any work related health issues this will be dealt with accordingly

*M*

### **Young People**

Work placements – young people carrying out volunteering or work placement will receive training appropriate to their level of understanding and planned involvement. Young people will shadow staff, remaining under supervision.

A Risk Assessment will be carried out prior to young person starting a work placement at the centre.

*M, AM, DSM*

### **New and Expectant Mothers**

*See separate policy*

Risks associated with manual handling, activity participation. Specific Risk Assessment will be undertaken for staff members who become pregnant.

*M*

### **Insurance**

£10,000,000 Employers liability, held with RSA

*M*

# Safe working practices

## Lone worker

Leave details of movements with other staff, mobile phone contact with other staff, give information to visiting staff

M, OM

## Working at height

See *Working at Height Policy* WAH

activity related :

- Climbing wall, zipwire – activity working practices
- Maintenance: Using ladders, scaffolding – appropriate training

AM

## Manual handling issues

Training, identify specific problem areas, strategies to minimise risks

AM

## Transport

Workplace transport, guidance to staff and visiting groups about need for care when travelling to & from river.

M

## Transporting dangerous substances

Petrol – only to be transported in correct fuel containers

M

## First aid

All staff first aid trained minimum of 8 Hour Emergency First Aid at Work or equivalent. Centre responsible for maintaining up-to-date qualifications. First aid kits available on activity sessions. Additional first aid kits available at Centre

M

## Food safety

Food preparation areas (Centre kitchen and day service kitchens) kept clean. Maintenance checklist. Food standards agency, Local authorities LA Inspection 2019 5 star

M

## Product safety

AALA inspection, HCC approval. See activity safety policies

M, AM, All staff

# Work environment

## **Material condition of buildings, ventilation, lighting, cleanliness of buildings**

Maintenance checklist, maintenance programme, daily cleaning for Centre building,  
OM

## **Slips & trips**

Maintenance checklist, provide appropriate signage, visitors warned of hazards of woodland paths

M, OM

## **Welfare facilities**

Provision of toilets, washing facilities, eating and rest facilities for staff

M

## **Electricity**

Monthly recorded check carried out for tools. Yearly PAT testing for the whole site.  
Fixed wiring inspected every 5 years by a suitably qualified electrician.

OM

## **Gas supply**

Gas tanks maintained by Calor.

Boiler (GreenHouse and Gold) Inspected annually by qualified person.

Annual inspection of pipework and heaters by competent person

OM

## **Asbestos**

*See Asbestos Register Folder*

Asbestos Survey carried out by Envirochem Ltd, September 2015.

See Asbestos Register Folder.

OM

## **Machinery & equipment**

*See separate safety policy and risk assessment*

Provision & use of work equipment

Equipment should be used, maintained and stored correctly.

Specialist equipment should only be used following an appropriate level of training.

PPE provided where appropriate (ear defenders, goggles, face masks).

M, AM

## **Lifting operations & lifting equipment**

*See Manual Handling policy*

O M

## **Display screen equipment**

*See Display Screen Equipment Policy*

OM

## **Electrical equipment**

*See Portable Appliance Inspection Policy*

OM

# General health issues

## Manual handling

*See Manual Handling Policy*

Recognition of need to minimise lifting, moving and handling transactions, provide aids where appropriate and training for all staff

*M, AM, DSM*

## Smoking

'No smoking' policy on site

*M*

## Stress

Demands – consideration of staff abilities when timetabling

Control – level of autonomy in running sessions, within guidelines

Support – all staff have access to manager and colleagues at all times

Relationships – not being subject to unreasonable behaviours Role

– clearly defined roles and responsibilities

Change – management and communication of organisational change.

*M, OM, DSM*

## Infections

When working closely with clients there may be a risk of infection. This can be minimised by adopting the following precautions:

Vaccination against Hepatitis B

Cover open wounds & grazes with waterproof dressings

Make full and proper use of appropriate PPE

Seek medical attention as soon as possible following a potential exposure incident

Training in infection control

*M, OM, DSM*

## Violence at work

Working with a diverse and challenging client group there may be a potential threat of violence. In practice this has not been a common problem at the Centre. Staff can help to diffuse potentially violent situations by remaining calm and unthreatening; listening and talking; or by removing other people from the area.

Centre staff should do what they can to support visiting staff but, in matters of challenging behaviour, visiting staff retain responsibility for their clients.

*M, OM, DSM*

## Noise at work

Noise in hall – caused by too many people, or loud individuals. Management by monitoring and taking individuals or groups out of hall.

PPE provided when using tools

*OM*

# Hazardous substances

## **Hazardous substances**

*See COSHH safety policy*

Control of substances hazardous to health

Cleaning materials – use low risk, non hazardous cleaning materials

COSHH Folders kept near COSHH cupboards containing SDS and Risk Assessment

*OM*

## **Flammable substances**

*See COSHH safety policy*

Petrol – for the motorboat should be put into the motorboats fuel tank immediately.

Fuel storage onsite is a locked metal container away from the main buildings and is marked 'Highly Flammable'.

Flammable paints, solvents or other chemicals are stored in a locked cupboard in the workshop building.

*OM*

## **Biological hazards**

*See Legionnaires Disease Safety Policy*

Legionella bacteria.

Ensure handwashing after gardening or using paints, cleaning materials, chemicals

*M, all staff*

## **Lead**

Lead pellets are used in air rifle shooting at the Centre. Unused pellets are kept in a locked cupboard. After rifle sessions spent pellets are collected and put in a container for recycling. This container is also kept in a locked cupboard

*AM*

## **Radiation**

n/a

**Revised 01/20 PJO Revised**

**10/22 PJO Revised 10/23**

**PJO Revised 10/25 KL**



# Safety Policy

## COSHH (control of substances hazardous to health)

### **Employer responsibilities:**

- As far as is reasonably practicable avoid the need to use or store substances hazardous to health
  - Assess the risks associated with using and storing substances hazardous to health
  - Reduce the risk posed by hazardous substances
  - Ensure appropriate safety information is easily available in case of an accident ·
- Provide secure storage for hazardous substances

### **Employee responsibilities:**

- Follow appropriate systems of work laid down for their safety
- Make proper use of substances, following manufacturer's instructions
- Inform the employer if they identify hazardous substances not previously detailed
- Take care to ensure their actions do not put others at risk
- Ensure access to hazardous substances is appropriately controlled
- Help prevent injury or illness to service users by promoting hand washing when required

### **Training**

- All staff to receive training in the safe storage and use of products used at the Centre for cleaning and maintenance

### **Equipment**

- Secure storage is provided for COSHH products, including petrol, paint and cleaning materials
- COSHH stores are cleared out annually and any unnecessary products are disposed of responsibly
- Safety data sheets are located adjacent to the store containing the substances

## **Specific areas of concern**

### **Cleaning materials**

- cleaning materials used are easily available to the general public
- stored in a locked cupboard in the utility room in the main Centre building
- Safety Data Sheets for all products are available from the folder in the utility room

### **Paints and wood stains**

- stored in a locked metal cupboard in a locked building
- Paints and wood stains stored on site are the type easily available to the public. The store is cleared out annually and anything no longer required is disposed of appropriately.
- Safety Data Sheets for all products are available from the folder adjacent to the cupboard.

### **Solvents, meths, glues**

- stored in a locked metal cupboard in a locked shed.
- Safety Data Sheets for all products are available from the folder adjacent to the cupboard.

### **Petrol**

- low quantities of petrol are stored on site, stored in locked metal container, in a locked shed, away from main building
- The store contains a 5 litre fuel can for use with brush cutter / strimmer etc
- Hazard and 'No Smoking' Signs are displayed in the vicinity of this store
- The store has ventilation holes to prevent the build up of fuel vapour
- Fuel for the motorboat is purchased and then immediately transferred to the motorboats onboard fuel tank.
- Drivers made aware of the hazards of transporting petrol
- The two empty fuel cans (25litres each) are stored in the 'Fuel Store'.

### **Lead**

- Lead pellets are used in air rifle shooting at the Centre. Unused pellets are kept in a locked cupboard. After rifle sessions spent pellets are collected and put in a container for recycling. This container is also kept in a locked cupboard

### **Radiation**

- No known risk of this at the Centre.

### **Asbestos**

- The roof of the workshop and storage sheds may contain asbestos. Access to these roof areas is not permitted.
- The wall panels and insulation in the sports hall may contain asbestos. These wall panels have had a false wall built over them, which will prevent damage occurring in these areas.

Small amount of asbestos has been found in the grounds. If this happens work must stop, suspect materials left where they are, area cordoned off and inform Hampshire County Council Scientific Services, Asbestos Team on 03707 790001.

### **Biological Hazards**

- Legionnaires' Disease                      *See Legionnaires Disease Safety Policy.*
- Bacteria from farm animals:- Groups visiting the farm are encouraged to wash their hands after visiting, hand sanitizers and hand washing stations are provided at the farm.



# Safety Policy

## Display screen equipment

### Correct use of equipment

- Screen, keyboard, software - size, positioning, glare, suitability
- Accessories: mouse mats, wrist mats
- Sufficient space for documents or other equipment required for an eye-friendly environment – position copy documents at roughly the same distance from the eyes as the screen to avoid having to refocus.
- Use a document holder if necessary to avoid awkward neck movements.
- Most people should ensure the monitor is 33cm - 60cm from their eyes and that the centre of the screen is 10cm – 15cm below the natural eye level.
- Select a font size of 12 points or more
- Make sure the screen is clean
- Ergonomic design of furniture: desks suitable for operator and chairs that are adjustable, sensible positioning and adjusting of the work station to achieve good posture

### Working environment

#### Lighting, heating and humidity

- Appropriate workplace lighting – it can be advantageous to actually dim the lights (the ratio of ambient light to monitor light should be three to one)
- Replace any flashing or strobing lights.
- Arrange the workspace to minimise any glare or reflections.
- Maintain a reasonable level of humidity – particularly for contact lens wearers, and keep blinking, as concentrating on the screen for long periods will slow the blink rate and dry the eyes

### Task

#### Attention should be given to

- Specific needs of the individual
- Regular breaks away from the screen - resting the eyes every twenty minutes. Short frequent breaks are better than rare lengthy ones

# Safety Policy

## First Aid

### **Employer responsibilities**

- Provide access to First Aid training for all staff
- Ensure staff First Aid qualifications remain valid (keep a record of first aid qualifications and expiry dates)
- Provide suitable and sufficient First Aid equipment

### **Employee responsibilities**

- Respond appropriately to First Aid incidents
- Be aware of their own limitations and competence
- Know when to ask others for assistance
- Complete Accident, Incident or Near Miss forms as appropriate

### **Training**

- There must be a qualified first aider available on site while groups are taking part in activities
- Staff taking groups off site must hold a first aid qualification
- Instructional and day service staff to be first aid trained to a minimum of 'Appointed Person'

### **Equipment**

- First aid kits available in the Centre kitchen, staff room, GreenHouse, Gold and Blue Bubble
- All instructors and day service staff have mobile First Aid kits available, which should be carried when groups are off site
- First Aid kits will be checked monthly
- Items for re-stocking first aid kits are kept in the staff room

### **First Aid Kit Contents**

#### **Main Centre**

A quantity of Triangular Bandage, open wound bandage, selection of plasters, crepe bandage and fasteners, dressings, swabs, anti-septic wipes, scissors, gloves, micropore tape, safety pins.

#### **Mobile Kits**

Triangular Bandage, open wound bandage, selection of plasters, crepe bandage and fasteners, dressings, swabs, anti-septic wipes, scissors, gloves, micropore tape, safety pins.

## **Responsibility**

- QE2 Centre staff are first aid trained and will deal with first aid incidents in conjunction with visiting staff.
- Medical issues, including the dispensation of medication,, remain the responsibility of visiting staff
- Hospital transport; if a casualty requires hospital treatment an ambulance will be called. It will not be the responsibility of Centre staff to accompany the casualty. It will not be the responsibility of the centre to transport someone to hospital.
- Incidents will be recorded in the 'Accident Report Book' or the 'Near Miss Book' as appropriate. Reportable incidents will be notified to the HSE.

**Accident Book** will be completed in the event of:

- Serious incident
- Requiring treatment
- Death or serious injury
- Breaks, serious bleeds, patient unconscious.

**Incident or Near Miss Book** will be completed in the event of

- Incident without injury, but where injury could have occurred ·
- Where there is a potential learning experience

Things which could be entered in the 'Near Miss Book' include:

- Fits, Asthma attack, diabetic incident · Cuts, scratches, grazes.

# Safety Policy

## General health issues

### Infection

When working closely with clients there may be a risk of infection. This can be minimised by adopting the following precautions:

- Vaccination against Hepatitis B
- Up to date Covid vaccinations
- Cover open wounds & grazes with waterproof dressings
- Make full and proper use of appropriate PPE
- Seek medical attention as soon as possible following a potential exposure incident

### Violence

- Working with a diverse and challenging client group there may be a potential threat of violence.
- In practice this has not been a common problem at the Centre.
- Staff can help to diffuse potentially violent situations
  - by remaining calm and unthreatening;
  - listening and talking
  - or not talking, giving people time to process; ○ by removing other people from the area.
- Centre staff should support visiting staff but, in matters of challenging behaviour, visiting staff retain responsibility for their clients.

### Stress

*Demands*      How well employees cope with the demands of their jobs

- Consideration of staff abilities when timetabling

*Control*                      How much say a person has in the way they do their work

- Level of autonomy in running sessions, within guidelines

*Support*                      The level of support provided by managers and colleagues

- All staff have access to manager and colleagues at all times

*Relationships*      Not being subject to unreasonable behaviours

*Role*                      How well an employee understands their role and responsibilities

- Clearly defined roles and responsibilities

*Change*                      How well organisational change is managed and communicated ·  
Management and communication of organisational change.

# Safety Policy

## Legionnaires' Disease

**Risk of Legionnaires Disease is considered low**

### **Potential sources of bacteria**

#### **Water heaters**

Bacteria breeding in water heaters in main Centre and day service buildings

- Water heaters feeding the toilets , kitchen, and utility room water will be run through the system as part of weekly safety checks (hot and cold)

#### **Water based activities**

##### **Canoeing & raft building**

- Legionella bacteria understood not to breed in salt water

##### **Pond dipping, streams**

- The stream and ponds used for this activity are considered low risk due to the low temperature of the water. However, groups advised to wash hands particularly after this activity.



# Safety Policy

## Manual Handling

### **Employers should:**

- Avoid the need for hazardous manual handling, so far as is reasonably practicable
- Assess the risk from any hazardous manual handling that can't be avoided
- Reduce the risk from hazardous manual handling so far as is reasonably practicable

### **Employees should:**

- Follow appropriate systems of work laid down for their safety
- Make proper use of equipment provided for their safety
- Co-operate with their employers on health and safety matters
- Inform the employer if they identify hazardous handling activities
- Take care to ensure that their activities do not put others at risk

### **Training**

All staff to receive training in:

- Manual handling risk factors and how injuries can occur
- How to carry out safe manual handling including good handling technique
- Appropriate systems of work for the individual's tasks and environment
- Use of mechanical aids
- Practical work to allow the trainer to identify and put right anything the trainee is not doing safely

### **Equipment**

- Where necessary and practicable equipment will be provided to aid manual handling operations, for example, canoe trolley, mobile hoist.

### **Specific areas of concern:**

- Moving canoes:- Use canoe trolley, share the load
- Moving fuel containers:- Minimise distance necessary to carry fuel containers, Minimise the need to lift fuel containers high.
- Using the Zipwire (hoisting and returning):- Ask for help.
- Moving people:- Hoist, generally moving people will be the responsibility of visiting care staff.

# Safety Policy

## New & expectant mothers

QE2 Activity Centre recognizes its responsibility to ensure, as far as is reasonably practicable, the health safety and welfare of its employees by providing and maintaining healthy working conditions, equipment and systems of working for all our employees and to provide suitable and sufficient information, instruction and training as required.

Centre staff who are pregnant should inform QE2 Activity Centre, as soon as possible after finding out they are pregnant. This is to ensure the Centre helps to ensure you and your unborn child are not put at any undue risk during work related activities.

The Centre will complete a person specific risk assessment based on the activities the employee carries out on a day to day basis. If during this process it is found that there are unacceptable risks, these will be reduced or the employees work activities adjusted accordingly.

A generic 'New and Expectant Mothers Risk Assessment' has been completed to minimize the risks to employees.

The Centre will make adjustments to activities run by pregnant employees. Taking into account manual handling and other safety issues.

Pregnant employees may suffer from nausea 'morning' sickness which can be made worse by certain smells such as those produced when cooking, cleaning or painting. Employees participation in these types of activities should be dealt with on a personal basis. However painting should be avoided particularly with non water based paints with strong odors and fumes. Labels of paints and cleaning materials, along with safety data sheets should be checked for associated warnings.

If an employee is struggling with any aspect of their job due to pregnancy then they must inform the Centre Manager so that any necessary adjustments can be made.

If the employee has any questions relating to their work and pregnancy they should speak to the Centre Manager.

# Safety Policy

## Portable appliance testing

- Annual PAT Testing will be carried out on all portable electrical appliances, conducted by a suitably qualified person.
- All staff should look critically at electrical equipment, which they use, and look for damage to the outside of the equipment, its plug and lead before use.
- Items found to be damaged should be labelled as faulty and taken out of use to be repaired or replaced

### Visual inspection

Any competent member of staff may carry out interim inspections following provision of appropriate information, instruction and training. Staff will learn

- what to look for
- how to deal with faults (*labelled as faulty and removed from service*), and
- be reminded to avoid putting themselves or others in danger, including switch off and unplug equipment first.

Inspection will be looking for signs of

- Damage, cuts, abrasion to the cable covering
- Damage to the plug, eg, cracked casing, bent pins
- Non standard (eg, taped) joints in the cable
- Cable sheath not gripped where it enters plug
- Environment (eg, wet, dusty)
- Damage to outer cover of equipment or obvious loose parts or screws
- Overheating (burn marks or staining)

In addition formal inspection could include removal of plug cover to check

- A fuse is being used
- Cord grip is holding outer part (sheath) of cable tightly
- Wires, including earth if fitted, attached to correct terminals
- No bare wire visible other than at terminals
- Terminal screws are tight
- No internal damage, overheating or entry of liquid, dust or dirt

# Safety Policy

## Use of tools (staff)

QE2 Activity Centre will provide

- Tools appropriate for the task, in good condition
- Necessary PPE (goggles, ear defenders, dust mask, gloves)
- Training

Staff members will receive training in the correct use of tools.  
A staff competency log will be kept.

Tool use at QE2 Activity Centre can be subdivided into

- Tool use by staff (eg, for maintenance work)
- Tool use involving service users

It can be further subdivided

- Hand tools
- Bladed tools
- Battery power tools
- Power tools

### **General points**

Keep work area clear, tidy and well lit

Keep bystanders away

Check the tool before use to ensure it safe to use

Use PPE provided (goggles, ear defenders, dust mask, gloves)

Dress appropriately, avoid loose clothing, tie back long hair

Use the appropriate tool for the job

Unplug power tools when not in use

Ensure blades & cutting discs or drill bits are secure

Ensure blades and cutting blades are sharp

Do not expose power tools to rain or wet environments

Power tools will be checked as part of the annual electrical inspection

Care should be taken when filling the fuel tanks of the petrol equipment

Care should be taken when using cabled equipment

Chainsaw will only be used by staff holding the chainsaw certificate

Angle grinder will only be used by staff who have had Abrasive Wheels training

# Safety Policy

## Use of tools (service users)

At QE2 Activity Centre we aim to upskill our day service users. Tool use encourages practical skills, creativity, focus and dexterity, amongst many other positive attributes.

Day service users will be shown how to use tools safely on a one-to-one basis and should be encouraged to use tools, working towards an increasing level of independence.

In-person training will be provided for staff during their induction process, or when needed. Senior staff will be observant of tool use in other staff and will model, coach and train where necessary. Leaders will demonstrate correct tool use to other staff and will assess each staff member's capabilities/ confidence before they supervise the tool

Level of supervision will depend on the individual. This may be anything from hand over hand to observing at a distance.

# Safety policy

## Working at Height

### **Employer responsibilities:**

- Avoid the need for working at height so far as is reasonably practical
- Assess the risk posed by any work carried out at height
- Reduce the risk as far as is reasonably practical
- Provide suitable, well maintained equipment

### **Employee responsibilities:**

- Follow appropriate systems of work laid down for their safety
- Make proper use of equipment provided
- Cooperate with employer on Health & Safety matters
- Inform the employer if they identify hazardous working at height activities
- Take care to ensure that their actions do not put others at risk

### **Training**

Staff to receive training in

- Working at height risk factors and how injuries or accidents can occur
- How to carry out safe work at height
- Appropriate systems of work for the individual task and environment
- Practical work to allow the trainer to identify and put right anything the trainee is not doing safely

### **Equipment**

Where necessary equipment will be provided to carry out work at height

All access equipment to be inspected on a monthly basis

### **Specific areas of concern**

#### **Climbing wall**

Climbing systems will be set up according to the climbing activity safety policy by qualified instructors, or persons supervised by qualified instructors, using safety equipment provided

#### **Zipwire**

This involves ascending and descending a fixed ladder. Training and assessment of setting up the zipwire will include using the ladder safely. Training and assessment provided by the Activity Manager.

## **Ladders, steps and scaffold towers**

These are used on site where appropriate to complete a task. Staff will receive online training in the safe use of ladders and steps, followed by a practical session, led by the Activity Manager, followed by an assessment and signing off.

## **Ladder, step ladder and scaffold tower training points**

Ladders, steps

- Ensure ladder is a suitable length and fit for the job intended ·

Make sure it is on stable, firm ground.

- Ensure the top of the ladder is well supported with at least 1 meter of overhang if extending above a structure.
- Get someone to hold the bottom of the ladder, or otherwise make secure, to prevent it slipping out.
- Climb using three points of contact.
- Never lean out from a ladder past your belt buckle.
- When using step ladders don't stand on the top step.
- If it is practical secure yourself to the structure using a recognised climbing system.
- Be particularly careful when using tools on ladders. Tools used at height should be on a leash to prevent it falling to the ground if dropped.

## **Scaffolding**

Care should be taken by staff when erecting, using and dismantling scaffold towers on site.

Helmets to be worn while setting up

Set up as per manufacturer's instructions (copy attached)

Setting up is a two person task

Check sections, clips, fittings, wheels

Use stabiliser legs

Climb inside the tower

When moving the scaffold tower remember to push NOT pull

No one is to be on the tower when it is moving

When tower is not in use, Do Not Climb signs





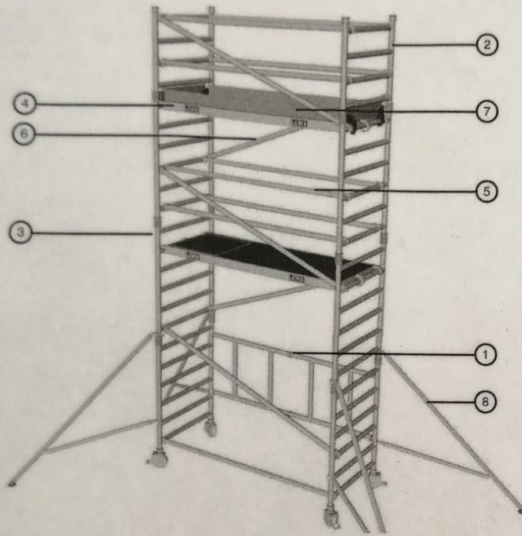
# LEWIS

Enjoy the best of british manufacturing  
**Trade Folding Towers (Miniscaff)**

Trade Folding Tower  
1.8m Long x 0.78m Wide

Working Height:  
6.6m

Platform Height:  
4.6m

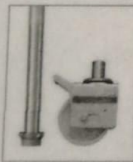


### Tower Components

Item	Description	Quantity
1	Folding Base Unit	1
2	1m Extension Frames	2
3	1.5m Extension Frames	4
4	1.8m Long Trap Door Platform	2
5	1.8m Red Horizontal Braces	7
6	2.1m Blue Diagonal Braces	5
7	Folding Toe Board Set	1
8	Standard Stabilisers	4

### Technical Information

Base Dimensions:	(L) 1.8m X (W) 0.78m
Maximum Platform Height (ph):	4.6m
Maximum Working Height (wh):	6.6m
Platform SWL:	275kg



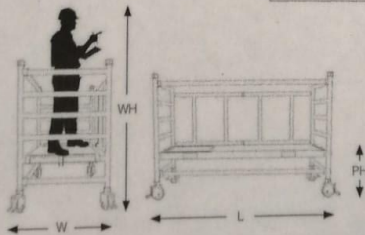
### Upgraded Wheels & Legs

This will provide 250mm adjustment on each leg for uneven grounds, with 150mm Locking Castors.



### Standard Castors

These are 125mm lockable castors, which are fixed for flat grounds.



0845 257 5991

info@scaffold-tower.co.uk  
www.lewisaccess.co.uk



**MADE IN  
BRITAIN**

Staff to take a common sense approach to the use of ladders, steps and scaffold towers. If you are unsure, ask for assistance.

Revised October 2025 KL



